Tensile forces govern germ-layer organization in zebrafish

M. Krieg1, Y. Arboleda-Estudillo1,2, P.-H. Puech3, J. Käfer4, F. Graner4, D. J. Müller1,5 and C.-P. Heisenberg2,5

Understanding the factors that direct tissue organization during development is one of the most fundamental goals in developmental biology. Various hypotheses explain cell sorting and tissue organization on the basis of the adhesive and mechanical properties of the constituent cells1. However, validating these hypotheses has been difficult due to the lack of appropriate tools to measure these parameters. Here we use atomic force microscopy (AFM) to quantify the adhesive and mechanical properties of individual ectoderm, mesoderm and endoderm progenitor cells from gastrulating zebrafish embryos. Combining these data with tissue self-assembly in vitro and the sorting behaviour of progenitors in vivo, we have shown that differential actomyosin-dependent cell-cortex tension, regulated by Nodal/TGFβ-signalling (transforming growth factor β), constitutes a key factor that directs progenitor-cell sorting. These results demonstrate a previously unrecognized role for Nodal-controlled cell-cortex tension in germ-layer organization during gastrulation.

Gastrulation is the first stage in vertebrate development when different progenitor types sort-out and assemble into distinct germ layers2. Both cell adhesion and contraction have long been implicated in germ-layer formation; however, their relative contribution to these processes is still a matter of debate3. We therefore sought to quantify the specific adhesive and mechanical properties of the different progenitor types at the single-cell level and correlate these values to the actual sorting behaviour of progenitors in vitro and in vivo (for generation of different germ-layer progenitor types see Supplementary Information, Fig. S1 and Methods).

To measure cell adhesion at the single-cell level, we used an atomic force microscope (AFM) as a single-cell force spectroscopy (SCFS; Fig. 1a; refs 4–6). Adhesion forces between two isolated zebrafish germ-layer cells were measured by bringing the cells into contact until a pre-defined force was reached and then recording the force needed to separate them after a given dwell-time, which ranged from 1–60 s. When adhesion forces between progenitors of the same type (homotypic adhesion; 'cohesion') were measured, ectoderm progenitors showed significantly less cohesion compared with their mesoderm and endoderm counterparts for all contact times tested (Fig. 1b; Supplementary Information, Table S1, Fig. S2a, b). Adhesive forces between different progenitor types (heterotypic adhesion) were similar to homotypic cell contacts of ectoderm cells, the least cohesive cell type (Fig. 1c). The recorded differences in cell–cell adhesion are unlikely to be a consequence of dissimilar morphological and/or mechanical cell-properties, as neither cell size (Supplementary Information, Fig. S2c) nor 'contact stiffness' correlated with the recorded maximum adhesion forces (r = 0.14, Fig. 1d; see also Methods). Taken together, these observations demonstrate that mesoderm and endoderm progenitors are more cohesive than ectoderm cells.

Cadherin adhesion molecules, particularly E-cadherin, are known to have key roles in tissue morphogenesis during vertebrate gastrulation4. To test whether E-cadherin is involved in differential cohesion of germ-layer progenitors, we measured cohesion when E-cadherin function was impaired. Cohesion of all three progenitor types was markedly reduced when calcium ions were depleted from the medium and, more specifically, when E-cadherin expression was knocked down using morpholino antisense oligonucleotides (Fig. 1e), indicating that E-cadherin mediates progenitor-cell cohesion. To test whether the progenitors show differences in cadherin-mediated adhesion that are similar to their differential cohesive properties, we measured the adhesion of ectoderm, mesoderm and endoderm progenitors to substrates coated with E-cadherin5. Mesoderm and endoderm progenitors adhered more to E-cadherin substrates than ectoderm cells (Supplementary Information, Fig. S2d), indicating that adhesion of progenitors to cadherins correlates with their cohesive properties. Consistently, we found that in embryos at the onset of gastrulation (6 h post fertilization; hpf), E-cadherin density at the plasma membrane of mesendoderm (mesoderm and endoderm) progenitors was higher than in the directly adjacent ectoderm progenitors (Fig. 1f; Supplementary Information, Fig. S2e; ref. 9). Similarly, the amount of classical cadherins at the plasma membrane of dissociated ectoderm progenitors, detected by an anti-pan-cadherin antibody10 on western blots, was lower than in mesoderm and endoderm cells (Fig. 1f’). Together, these findings demonstrate that differential cohesion of germ-layer progenitors is mediated primarily by classical cadherins including E-cadherin.

In addition to differential adhesion, differential cell contraction has been implicated in cell sorting and tissue self-assembly11. Studies using...
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**Figure 1** Adhesion of germ-layer progenitors measured by single-cell force spectroscopy (SCFS). (a) Outline of the SCFS adhesion assay. One cell immobilized on an AFM cantilever (probe) is brought into contact at a given speed with a second cell adhering to a solid substrate (target). After a pre-defined contact time, the cell was retracted at the same speed and the interaction force was detected by the cantilever deflection. The resultant force-distance curve allows quantification of the maximum adhesion force ($F_{max}$). (b) $F_{max}$ as a function of contact time for homotypic adhesion between the three different progenitor types. Values are presented as median ± MAD. For detailed representations of the statistics see Supplementary Information, Fig. S2a, b, Table S1. (c) Homotypic versus heterotypic progenitor adhesion at 10 s contact time. Data is presented as a box-whisker plot. Median is black and mean is white. (d) Slope of contact region (‘contact stiffness’) extracted from the approach trace versus $F_{max}$ recorded for each force-distance curve. Grey squares, no statistical correlation was seen ($r = 0.14$); five arbitrarily chosen curves for each progenitor types are highlighted as coloured circles. (e) $F_{max}$ for homotypic adhesion at 10 s contact in control (Ca$^{2+}$), EGTA (5 mM)-treated or E-cadherin-morpholino oligonucleotide expressing (–cdh1); 8 ng per embryo) progenitors. (f) Sagittal section of the dorsal germ-ring margin of a shield stage wild-type embryo (6 hpf; schematic drawing in upper left corner) fluorescently stained with an E-cadherin antibody. Picture was taken by confocal microscopy. (f’) Western blot analysis and quantification (bar chart) of the amount of biotinylated, membrane-bound classical cadherins (pan-Cadherin antibody) in dissociated progenitors normalized to total tubulin ($n = 4$; median ± MAD). Scale bar in (f), 50 µm. Numbers above or below square brackets indicate $P$ values for the corresponding combinations.

Dictyostelium discoideum, fibroblasts and white blood cells have shown that actomyosin contraction and cell-cortex tension are directly related to each other\(^{14}\). We therefore determined cell-cortex tension of different germ-layer progenitors as a read-out of their specific actomyosin activity. To measure cell-cortex tension, we deformed the surface of single progenitors with a colloidal force probe and recorded the resulting force-indentation curves with an AFM (Fig. 2a). Cell-cortex tension was extracted from force-indentation curves using the cortical shell-liquid core or liquid droplet model\(^{13}\) (for details see Methods). We found that ectoderm progenitors had the highest cell-cortex tension, followed by mesoderm and then endoderm progenitors (Fig. 2b–d). To determine whether these differences in cell-cortex tensions were due to differential actomyosin activity, we measured cell-cortex tension of germ-layer progenitors in the presence of blebbistatin (see Methods for details), a specific inhibitor of myosin II activity. Exposure to blebbistatin reduced cell-cortex tension to the same level in all progenitor types (Fig. 2d).

Together, these findings demonstrate that progenitors show differential actomyosin-dependent cell-cortex tension.

The factors regulating cell-cortex tension of germ-layer progenitors are poorly understood. Nodal/TGFβ signalling is known to be required and sufficient to induce mesoderm and endoderm cell fates and morphogenesis\(^{15}\). Thus, to test whether Nodal/TGFβ signalling can modulate cell-cortex tension of progenitors, we measured cortex tension of ectoderm progenitors exposed to recombinant activin, a Nodal-related TGFβ signal previously shown to function as a mesendoderm inducer and dorsalizer\(^{16}\). In ectoderm progenitors cultured for 120 min in the presence of activin (100 ng ml$^{-1}$), cell-cortex tension was significantly lower than in untreated cells (untreated = 54.5 ± 8.6 µN m$^{-1}$, $n = 32$; treated = 21.7 ± 8.6 µN m$^{-1}$, $n = 32$; median ± MAD; $P = 2.2 	imes 10^{-16}$). This suggests that actomyosin-dependent cell-cortex tension of germ-layer progenitors can be modulated by Nodal/TGFβ-related signalling.
To correlate our measurements of adhesion and cell-cortex tension with the actual sorting behaviour of germ-layer progenitors, we performed a series of in vitro cell sorting experiments (Fig. 3a). We have shown previously that ectoderm and mesendoderm cells sort efficiently when mixed in primary culture, resulting in an ectoderm cluster surrounded by mesendoderm cells\(^1\). Applying the same methodology to all three germ-layer progenitor types, we found that when ectoderm cells were mixed with either mesoderm or endoderm cells, ectoderm cell clusters became surrounded by mesoderm \((n = 56 \text{ aggregates})\) or endoderm cells \((n = 45)\) after 17 h in culture (Fig. 3b–f). Cell sorting also occurred in mixed mesoderm and endoderm cell populations after 17 h in culture with mesoderm clusters completely \((n = 27)\) or partially \((n = 29)\) enveloped by endoderm cells (Fig. 3g). Importantly, germ-layer progenitor aggregation began immediately after seeding and cell sorting was already evident minutes after mixing (Fig. 3h). This suggests that the cell–cell contact times used in our adhesion assay (Fig. 1b) are relevant for the actual sorting behaviour of progenitors. A sorting order of germ-layer progenitors thus exists in vitro: ectoderm cells are surrounded by mesoderm or endoderm cells and mesoderm cells are surrounded by endoderm cells. Analogous configurations and sorting orders have been reported for dissociated germ-layer progenitors of \(Rana\) \textit{pipiens} embryos\(^1\)

That higher actomyosin-dependent cell-cortex tension (Fig. 2b–d), but not cohesion (Fig. 1c), correlates with ectoderm progenitor sorting to the inside of a heterotypic aggregate (Fig. 3e, f), suggests that cell-cortex tension, rather than cohesion, promotes progenitor sorting to the inside. To test whether actomyosin-dependent cell-cortex tension is required for progenitor sorting, we exposed mixed ectoderm and mesoderm (or endoderm) progenitors to drugs that perturb actomyosin activity. We found that mixed ectoderm and mesoderm (as well as endoderm) progenitors failed to sort efficiently when exposed to cytochalasin D (an actin depolymerizer) or \((-\)-blebbistatin (an inhibitor of myosin II activity; Fig. 3i, j, l, m; Supplementary Information, Fig. S3c), but not to \((+\)-blebbistatin (an inactive enantiomer, Supplementary Information, Fig. S3a). Similarly, no sorting occurred in the presence of BDM, a myosin inhibitor (Supplementary Information, Fig. S3b). Importantly, relative differences in homotypic cell–cell adhesion between the different progenitor types remained unchanged in the
progenitor cell aggregates after 17 h in culture. Generally, progenitor cell aggregates after 17 h in culture did not show obvious signs of cell differentiation (as judged by marker presence of (–)-blebbistatin (Supplementary Information, Fig. S2f), indicating that blebbistatin functions in cell sorting by perturbing cell-cortex tension (Fig. 2d) rather than adhesion. Together, these findings show that differential actomyosin-dependent cell-cortex tension is required for efficient progenitor cell sorting.

To determine whether differential actomyosin-dependent cell-cortex tension is also sufficient to drive germ-layer progenitor cell sorting, we interfered selectively with actomyosin activation in ectoderm progenitors and then analysed their sorting behaviour when mixed with untreated ectoderm, mesoderm or endoderm cells. To cell-autonomously interfere with actomyosin activation, a dominant-negative version of Rho kinase 2 (dnRok2), an upstream regulator of actomyosin activity, was expressed. DnRok2-expressing ectoderm progenitors showed reduced cell-cortex tension, whereas cohesion remained unchanged (Fig. 3o, p) and, when mixed with untreated ectoderm, mesoderm or endoderm cells, sorted to the outside of heterotypic aggregates (Fig. 3k, n; Supplementary Information, Fig. S3d, f). Similar results were obtained by expressing a dominant-negative version of myosin regulatory light chain 2a (dnMRLC2a), a downstream target of Rok2, to reduce cortex tension (Supplementary Information, Fig. S3e). This suggests that differential actomyosin-dependent cell-cortex tension is sufficient to direct progenitor cell sorting.

To explain the sorting behaviour of germ-layer progenitors in the context of our adhesion and tension measurements, we simulated progenitor cell sorting using the Cellular Potts Model. In this model, cell behaviour is driven by energy minimization whereby the total energy of an aggregate depends on the interfacial tension between cell-to-cell and cell-to-medium interfaces. The interfacial tension between two cells is determined by the adhesion ($J_{ij}$) between the cell types $i$ and $j$, and by the cortex elasticity and cortex tension ($T_i$ and $T_j$) of the two cells.
Relative values for adhesion were similar to those measured in Fig. 1c with homotypic adhesion \((J_{\text{ecto,ecto}} > J_{\text{meso,meso}} > J_{\text{endo,endo}}})\) and heterotypic adhesion \((J_{\text{ecto,meso}} = J_{\text{acto,endo}} = J_{\text{meso,neo}}})\) homotypic adhesion \((J_{\text{ecto}}))\). Adhesion of cells to the medium was set to zero.

We simulated progenitor cell sorting using two different conditions: in the first case, cell-cortex tension was assumed to be homogeneous for the whole cell, independent of interactions with other cells or the medium (interface-independent tension). Relative tension values were set according to the experimental data shown in Fig. 2d with \(T_{\text{cm}}^\text{in} > T_{\text{cm}}^\text{out} > T_{\text{cm}}^\text{med}\). In the second case, we regarded the tension measurements of Fig. 2d as representative of only the cell-to-medium interface, as proposed previously\(^\text{21}\), with \(T_{\text{cm}}^\text{in/medium} > T_{\text{cm}}^\text{out/medium} > T_{\text{cm}}^\text{med/medium}\) (interface-specific tension). In contrast, cortex tension at cell-to-cell interfaces was equal for all progenitor types.

When we simulated tissue self-assembly under conditions of interface-independent tension, ectoderm cells enveloped both mesoderm and endoderm progenitors (data not shown), contrary to our experimental observations (Fig. 3b–e). In contrast, under conditions of interface-specific tension, progenitors sorted exactly as observed in the experiments, with mesoderm and endoderm progenitors surrounding ectoderm (Fig. 4a–d) and ectoderm progenitors with reduced cortex tension surrounding mesoderm progenitors (Fig. 4f). This suggests that interfacial energy resulting from adhesion and cell-cortex tension can trigger germ-layer progenitor sorting if differential cortex tension exists at the cell-to-medium interface.

To determine whether differences in actomyosin-dependent cell-cortex tension exist at the cell-to-medium interface, we stained ectoderm, mesoderm and endoderm tissue explants after 7 h in culture with the F-actin marker phalloidin. All explants showed uniform intensity of cortical actin staining at cell-to-cell interfaces, whereas elevated actin staining was seen at the cell-to-medium interface (the surface of the explants; Fig. 4g–i). In addition, the surface of ectoderm explants was straighter (Fig. 4j) and displayed higher cortical actin levels than mesoderm and endoderm explants (Fig. 4g–i), suggesting higher tension at the cell-to-medium interface of ectoderm explants. Together, these findings support the prediction from our simulations that cortex tension at the cell-to-medium interface is different between ectoderm and mesoderm cells. The findings are also consistent with our previous observations that tissue surface tension is higher in ectoderm versus mesendoderm explants\(^\text{27}\).

Questions remain as to the relevance of progenitor sorting in vitro for their actual morphogenetic behaviour in vivo. To compare progenitor sorting in vitro and in vivo, we therefore established an in vivo cell sorting assay system. We transplanted ectoderm, mesoderm or endoderm progenitors into the blastoderm margin of maternal-zygotic one-eyed-pinhead (MZ-oep) mutant embryos, which consist predominantly of ectoderm progenitors\(^\text{34}\), and then monitored the sorting behaviour.

**Figure 4** Simulations of germ-layer progenitor cell sorting using the Cellular-Potts-Model and germ-layer explant surface analysis. (**a–d**) Progenitor cell sorting in an aggregate consisting of ectoderm (red) and mesoderm (or endoderm) cells (green) at consecutive stages of sorting. (**e**) Stable configuration of mesoderm (red)-endoderm (green) aggregates. (**f**) Stable configuration of ectoderm (red)-mesoderm (green) aggregates with reduced cell-cortex tension in ectoderm cells. (**g–k**) Germ-layer explant surface analysis. (**g**) Actin (phalloidin)-staining of ectoderm (**g**), endoderm (**h**) and mesoderm (**i**) explants. Similar results for actin localization were observed using FITC-labelled actin monomers (data not shown). (**j**) Summary of the two angles \(\alpha\) and \(\beta\) between two cells at the surface of a homotypic aggregate (for angle representation see **l**). Data are mean ± s. d. Validity of the angle measurement was confirmed with 0.5a + 0.5b = 180 ± s. d.; actual P values are given above the brackets; number of observations are within the bars. (**k**) Aggregate surface tension (results from the difference between the interfacial tension at the cell-to-cell (\(y^\text{cc}\)) and cell-to-medium (\(y^\text{cm}\)) interface). (**l**) The cellular origin of interface tension. At the cell-to-cell interface, the tension \(y^\text{cc}\) is increased by the cortical tension \(T^\text{cc}\) of both cells, and decreased by the adhesion energy \(J\). At the cell-to-medium interface there is no adhesion, thus the interfacial tension \(y^\text{cm}\) is equal to the cortical tension \(T^\text{cm}\). The surface tension \(\sigma\) is therefore increased by cell-cortex tension at the cell-to-medium interface and the adhesion between the cells within the aggregate. Scale bar in **g**, 20 μm.
between the transplanted donor cells and the host cells of the recipient embryo (Fig. 5a). When ectoderm progenitors were transplanted into MZ-oep embryos at shield stage (6 hpf), they remained as a loosely coherent cluster of donor cells embedded in the epiblast of the host embryo at bud stage (10 hpf; Fig. 5b, c). In contrast, when mesoderm or endoderm progenitors were transplanted into the germ-ring of a shield stage MZ-oep host embryo, they segregated from the host cells and either arranged into a compact cell cluster (mesoderm; Fig. 5d, g) or dispersed as single cells (endoderm; Fig. 5c, f) between the yolk cell and the overlying epiblast at bud stage. These experiments suggest that in vitro and in vivo sorting of germ-layer progenitors retains common and divergent features. In both cases, ectoderm progenitors segregate from mesoderm and endoderm progenitors into distinct cell clusters that contact each other. However, the position of ectoderm relative to mesoderm and endoderm differs; ectoderm is on the inside of heterotypic aggregates in vitro, but more superficial to mesoderm and endoderm in vivo.
The apparent discrepancy in the final positioning of germ-layer progenitors is probably due to progenitor sorting in vitro being influenced by interactions with extra-embryonic tissues such as the enveloping cell layer (EVL) on the outside of the embryo and the yolk cell on the inside (initial source of Nodal signals), which are not present in our in vitro preparations. To test this hypothesis, we simulated progenitor cell sorting in the presence of the yolk cell and EVL cells. Assuming both strong adhesion of ectoderm progenitors to the EVL and mesoderm cells to the yolk syncytial layer (YSL)1, progenitor sorting was similar to that in vivo (Fig. 5h–j; Supplementary Information, Fig. S4), suggesting that our progenitor adhesion and tension measurements can predict the in vivo sorting order when additional parameters, such as EVL or yolk-cell adhesion are included. This view is also supported by experiments showing that when the blastoderm margin is removed from the embryo and placed in culture, endogenous mesendoderm and ectoderm, in the absence of EVL and yolk, self-assemble into an inside-out configuration, similarly to the in vitro sorting experiments17.

The Differential Adhesion Hypothesis26, one of the most prevalent hypotheses in the field, proposes that cell sorting and tissue organization result from disparate adhesiveness of the participating cells. Here we show that differential intercellular adhesion of germ-layer progenitors alone is not sufficient to explain their sorting behaviour and that differences in actomyosin-dependent cell-cortex tensions are critical. How can differences in cortex tension between progenitor types influence their sorting behaviour? Cells sort according to their aggregate surface tension: the aggregate with the lower surface tension surrounds the one with the higher surface tension. Aggregate surface tension (σ) characterizes the tendency of the global aggregate surface area to decrease. It is therefore increased by the tension at the interface between cells and the medium (γCC, the tendency of each cell to decrease its cell-to-medium contact area) and decreased by the tension at the interface between cells (γCC, the tendency of each cell to decrease its cell-to-cell contact area; Fig. 4k; ref. 22). Thus high tension at the cell-to-medium interface in combination with low tension at the cell-to-cell interface causes high aggregate surface tension. Tension at the cell-to-cell interface (γCC) in turn, is the result of cortical tension minus adhesion at this interface, whereas tension at the cell-to-medium interface (γCM) is determined by cortical tension only (Fig. 4; refs 23, 27). For cell-cortex tension to increase aggregate surface tension and to influence sorting behaviour, it must increase the difference between γCC and γCM; it must be higher at the cell-to-medium interface than the cell-to-cell interface. Similarly, cell-cell adhesion increases aggregate surface tension by diminishing cell-to-cell tension. It is thus important that both interface-specific cortex tension and differential adhesion should be taken into account to explain progenitor sorting27.

Whether differential adhesion and tension are the only factors determining progenitor sorting in vivo, or whether other factors such as directed cell migration, epithelialization and extracellular matrix deposition, are also involved, remains to be determined. Notably, none of the forming germ layers in zebrafish show obvious epithelial characteristics or clearly localized extracellular matrix depositions4, leaving directed cell migration as the most likely process to function together with adhesion and tension in germ-layer organization. Future experiments analysing the specific migratory behaviour of germ-layer progenitors will be required to reveal the relative contribution of cell migration to germ-layer formation during zebrafish gastrulation.

METHODS

Injections of mRNA and morpholino oligonucleotides. To generate endoderm or mesoderm progenitors, one-cell-stage wild-type tub longfin embryos were injected with casanova (cas) mRNA (50 pg) or cyclops (cyc) mRNA (100 pg) and cas morpholino oligonucleotides (2 ng; GeneTools, respectively)28,29. For ectoderm progenitors, MZ-geo were used30. The specific identity of germ-layer progenitors was determined by in situ staining of the injected embryos (Supplementary Information, Fig. S1a–p). Embryos injected with cas mRNA ubiquitously expressed the endoderm marker Sox17 (ref. 28), suggesting that cells were fated to become endoderm. We confirmed that the results obtained with cas-expressing cells were due to their endoderm character rather than being a specific effect of cas overexpression by showing similar adhesive and tensile properties in progenitors from embryos ubiquitously expressing dominant active daTARAM-A (50 pg), previously shown to induce endoderm cell fate upstream of cas29 (Supplementary Information, Fig. S1q, r). Embryos injected with cyc mRNA and cas morpholino oligonucleotides ubiquitously expressed goosecoid, a marker of anterior axial mesoderm, suggesting that they were fated to become anterior axial mesoderm. In general, these injections allowed efficient induction of different progenitor types with many28,29, but not necessarily all features of their endogenous counterparts.

Adhesion measurements. Plasma-activated cantilevers (Veeco MLCT, nominal spring constant k = 30 mN m−1) were incubated with concanavalin A (ConA, 2.5 mg ml−1, Sigma) overnight at 4°C and carefully rinsed in PBS before use. Plasma-activated microscope slides (GoldSeal) were prepared using a two-well coating mask (nAmbition) to obtain an adhesive and non-adhesive substrate. One well was filled with 50 μl heat-inactivated fetal calf serum (Invitrogen), ensuring passivation of the surface (non-adhesive substrate), whereas the other was filled with 50 μl ConA (2.5 mg ml−1, adhesive substrate). Before the experiment, substrates were gently rinsed with the cell culture medium used to perform the adhesion tests (CO2–independent DMEM/F-12 1:1 buffered in 15 mM Hepes and supplemented with penicillin (100 U ml−1) and streptomycin (0.1 mg ml−1)). Diluted cell suspensions were then seeded onto the substrate. All experiments were carried out at 25°C. For homotypic adhesion experiments, cells were selected using phase-contrast microscopy. For heterotypic adhesion experiments, one-cell-stage embryos were injected with both mRNA (see above) and either FITC- or TRITC-coupled dextran (Molecular Probes). Cells were identified using fluorescence microscopy. A given ‘probe’ cell (Fig. 1a) was selected from the non-adhesive side of the substrate with a ConA-coated cantilever by gently pressing on it with a controlled force of 1 nN for typically 1 s. The cell was raised from the surface for 2–10 min to firmly attach to the cantilever. The probe-cell was then moved above a ‘target’ cell that was firmly attached to the adhesive ConA-coated part of the substrate. Adhesion experiments (force-distance cycles, see Fig. 1a) were performed using a 1 nN contact force, 10 μm s−1 approach and retract velocities, and contact times ranging from 1–60 s. Contact time was varied randomly for a given couple to prevent any systematic bias or history effect. Each condition (that is, same probe-target couple at same contact time) was repeated up to three times, with a resting time of 30 s between successive contacts. Each probe-cell was used to test several target-cells. No more than 40 curves were taken with any given probe-cell. Cells were observed continuously during and between the force-distance cycles to judge whether they were intact and stably associated with the cantilever/substrate. Only cells that showed characteristic ‘ruffling’ behaviour and pseudopod formation were used. Target-cell pictures were taken to measure diameter and observe morphology. Force-distance curves were analysed using IgorPro custom-made routines to extract maximum adhesion force (Fig. 1b) and cell deformation (Fig. 1d) during the contact. Data were then pooled and statistically processed as described in Supplementary Information. Cadherin-dependence of cell adhesion was tested after depleting calcium by adding EGTA (5 mM, Sigma) to the medium, or injecting embryos with E-cadherin morpholino oligonucleotides (8 ng; Fig. 1e). To reduce actomyosin function, cells were pre-incubated in (−)blebbistatin (50 μM, Sigma). Experiments were carried out in 5 μM (−)blebbistatin with no more than 15–20 repeated measures taken with a single probe-cell because of mechanical fragility of the treated cells. Preparation of E-cadherin-coated substrates was carried out as described previously6. Approach and retract velocities were set to 4 μm s−1.

Cell-cortex tension measurements and liquid droplet model assumptions. Colloidal force probes were prepared by attaching a glass bead (5 μm diameter, Kisker Biotech) to a cantilever (Vecco MLCT) using a two-component Araldit epoxy glue. Such beads were used as an indenter to create a large and smooth contact geometry
with the cell, hence reducing the strain induced by the pressure during contact. To prevent non-specific adhesion to the cells, the modified cantilevers were either incubated with heat inactivated fetal calf serum (Invitrogen) or silanized (1% methyltriethoxysilane (Sigmam) in hexane (Fluka) for 1 h) and then passivated with 1% pluronic F127 (Sigmam) in ultrapure water. The cells were seeded on a glass substrate. Force-distance curves were acquired using 500 pN contact force and 1 μm/s approach/retract velocity and indentation; δ, was calculated from tip displacement (Fig. 2b). Up to three curves, with at least 15 s waiting time between successive curves, were taken per cell to prevent any history effect. To describe the mechanics of the different cell types by AFM indentation, the approach of Rosenbluth et al. was chosen. The liquid droplet model was applied to extract the cell-cortex tension, as previously proposed for different cell lines using the micropipette technique. Cell-cortex tension is influenced directly by the state of the contractile apparatus of the cell. The liquid droplet model describes the cell as a viscous cytosol surrounded by an elastic (actin-based) cortex. This is based on the following assumptions: (1) an actin cortex exists in close proximity to the cell membrane, and the nucleus occupies only a small volume of the cell; (2) cells are not adherent and spherical; (3) force versus indentation curves are linear (see equation below); (4) indentation depth is small, compared with the size of the cell; (5) cortex tension is independent of the cantilever speed; (6) cells have a large plasma-membrane reservoir. Cell-cortex tension \( T \) can then be calculated using the following equation:

\[
F = 27 \left( \frac{1}{R_C} + \frac{1}{R_R} \right) \times 2R_C \times \delta
\]

(\( F \) = force, \( \delta \) = indentation, \( R_C \) = cell radius and \( R_R \) = bead radius). Phalloidin staining of our progenitors showed an actin-based cortex both in dissociated cells and in embryos (Fig. 2a). The ratio of cell- to nucleus-volume estimated from phase contrast images was high (21 \( \pm \) 2, mean \( \pm \) s.d.). Dissociated cells were roughly spherical (Figs. 2a; Supplementary Information, Fig. S2c) and weakly adherent to the substrate. Force versus indentation curves were linear (70% of all curves) for a large range of indentation values (Fig. 2b), with the deformation (max – 1 μm) being at least one order of magnitude smaller than the cell diameter (approximately 18–20 μm). Furthermore, we did not find a strong influence of the cantilever speed on cell-cortex tension (data not shown). Finally, our adhesion measurements suggest that the cells possess a large membrane reservoir as indicated by long lipid tubes extracted during the separation process using SCFS (tethers, Fig. 1a). Together, this provides experimental support for the liquid drop model to analyse our indentation experiments and gain information about the cortex tension of the progenitor types. To determine cell-cortex tension using the equation above, we used a force versus indentation line-fit between 125 pN and 250 pN to exclude errors that could be introduced while determining the bead-to-cell contact point. Bead and cell radii were determined by phase-contrast microscopy. To alter cortex tension, cells were pre-incubated in (-)blebbistatin (50 μM) or recombinant activin (100 ng/ml, Sigma) for 2 h. For blebbistatin, cells were measured in the presence of 5 μM (-)blebbistatin. All experiments were performed at 25°C.

Note: Supplementary Information is available on the Nature Cell Biology website.

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AUTHOR CONTRIBUTIONS

M. K. performed and analysed the AFM and biochemical experiments and the hanging drop cell aggregation/sorting experiments; Y. A. performed the molecular biology experiments, embryo injections, cell culture work (sorting and explant analysis), cell transplantsations and in situ hybridizations; J. K. performed the simulation experiments and contributed to image analysis; C. P. H., D. M., E. G. and P. H. P. conceived and designed the experiments; M. K., C. P. H., D. M. and P. H. P. prepared the manuscript.

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Figure S1 Germ layer progenitor cell identities. Whole mount in situ hybridization for *gsc* (anterior axial mesoderm-prechordal plate; a-d), *ntl* (mesoderm; e-h), *sox17* (endoderm; i-l) and *gata2* (ventral ectoderm; m-p) expression in wild type (a,e,i,m), MZ-oep (ecto; b,f,j,n), *cyc* mRNA+cas MO (meso; c,g,k,o), and cas mRNA (endo; d,h,l,p) injected embryos. Scale bar in (a)=250 µm. (q,r) Endoderm progenitor cell adhesion and tension induced by dominant active TARAM-A. $F_{\text{max}}$ for homotypic adhesion (q) and cortex tension (r) of endoderm cells obtained by expressing either cas mRNA (50 pg/embryo) or dominant active TARAM-A mRNA (daTARAM-A; 50 pg/embryo). Actual $p$-values are given above/below the brackets, number of observations below the whiskers.
**Figure S2** Germ layer progenitor cell adhesion and cell size (a) \( F_{\text{max}} \) of homotypic progenitor cell adhesion as a function of contact time displayed as box-whisker plots. Median in black and mean in white. Numbers above/below brackets indicate \( p \) values for the corresponding combinations. (b) Distribution of \( F_{\text{max}} \) for the three progenitor cell types at 10 s contact time. Unprocessed raw data; binning set to 500 pN. (c) Box-whisker plot of the cell diameter for different progenitor cell types. Numbers above/below brackets indicate \( p \) values for the corresponding combinations. Phase contrast micrographs of typical progenitor cell morphology used in the SCFC experiments are shown above the box-whisker plots. Scale bar: 10 \( \mu \)m. (d-f) Involvement of Cadherin and Myosin in progenitor cell adhesion. (d) \( F_{\text{max}} \) as a function of contact time for progenitor cell adhesion to an E-cadherin-coated surface. (e) Intensity profile of E-cadherin staining in the hypoblast (mesoderm and endoderm progenitors) and epiblast (ectoderm progenitors) determined from Fig.1f. E-cadherin plasma membrane intensities are higher in cells of the anterior axial hypoblast compared to adjacent epiblast cells. (f) Quantification of \( F_{\text{max}} \) for homotypic adhesion as a function of germ layer progenitor cell type in the presence or absence of Blebbistatin at 10 s contact time. Actual \( p \)-values are given above the brackets, number of observations below the whiskers.
Figure S3  Germ layer progenitor cell sorting and cortex tension. (a,b) Sorting in mesoderm (green) and ectoderm (red) hanging drop co-cultures in the presence of 50 µM (+)-Blebbistatin (a) and 20mM BDM (b) after 17 h in culture. (c) Sorting of ectoderm (red) and endoderm (green) in hanging drop co-cultures in the presence of (-)-Blebbistatin after 17 h in culture. (d-f) Sorting in mesoderm-ectoderm (d,e) and endoderm-ectoderm (f) hanging drop co-cultures with ectoderm cells (red) expressing either dnrok2 mRNA (d,f; 350 pg/embryo) or dnrmlc2a mRNA (e; 250 pg/embryo) to reduce cortex tension after 17 h in culture. Scale bar in (a)=150 µm. Images were constructed in ImageJ.
Figure S4 Simulation of germ layer progenitor cell sorting in the presence of extra-embryonic EVL and yolk cell. Adhesion and tension values for mesoderm and ectoderm progenitors were set as in Fig.4. We further assumed that EVL cells adhere preferentially to ectoderm progenitors ($J_{EVL,ecto} > J_{EVL,meso}$), that yolk and EVL cells do have uniform contraction (not interface-specific) and that the adhesion between yolk and the germ layer progenitors is equal to the homotypic adhesion of germ layer progenitors ($J_{yolk,meso} = J_{meso,meso}$, $J_{yolk,ecto} = J_{ecto,ecto}$). (a-c) Simulation of consecutive steps of progenitor cell sorting at the germ ring margin with the yolk (yellow) and EVL (blue) positions fixed, the space between yolk and EVL filled with ectoderm cells (red), and the rightmost ectoderm cell differentiating into a mesoderm cell (green) at regular intervals. Similar to the situation at the germ ring margin, mesoderm progenitors disperse between the ectoderm and yolk.
Figure S5  Endoderm progenitor cell adhesion and tension. $F_{\text{max}}$ for homotypic adhesion (a) and cortex tension (b) of endoderm cells obtained by expressing either cas mRNA (50 pg/embryo) or dominant active TARAM-A mRNA (daTARAM-A; 50 pg/embryo). Actual $p$-values are given above/below the brackets, number of observations below the whiskers.
Supplementary Methods

Embryo maintenance
Fish maintenance and embryo collection was carried out as previously described \(^1\).

Primary cell culture
For cell culture, dome-stage embryos (5 hpf) were dechorionated in 2 mg/mL Pronase (Roche) and transferred into dissociation medium (DMEM/F-12 + 0.5 mg/mL EDTA). The blastoderm was dissociated by gentle mixing to obtain single cells. Yolk remnants were removed by sedimentation in cell culture medium. The dissociation medium was replaced after centrifugation with CO\(_2\)-independent DMEM/F-12+Pen/Strep for SCFS and cortex tension measurements, or DMEM+Pen/Strep for hanging drops and tissue explants.

Single-cell force spectroscopy (SCFS) set-up
Cell-cell adhesion and cell cortex tension measurements were conducted with an AFM (Nanowizard I\(^\circledR\), JPK Instruments) mounted on an inverted fluorescence microscope (Zeiss Axiovert 200, equipped with 20x and 40x lenses). Either phase-contrast or fluorescence imaging were used to select cells and monitor their morphology during force measurements (see below). The setup was extended with a JPK CellHesion\(^\circledR\) module to increase the cell-cell separation distance up to 100 µm and used in closed height feedback mode\(^2\). Cantilevers were calibrated in-situ using the thermal noise method\(^3\) prior to experiments. The calibration procedure for each cantilever was repeated three times to rule out possible errors. Spring constants were found to be consistent with the manufacturer’s nominal value (Veeco Instruments).

Statistical analysis
After determining \(F_{\text{max}}\) for each force-distance curve, we averaged \(F_{\text{max}}\) over the experimental repetitions (see above) to determine the mean adhesion force of a given cell couple and contact time. The resulting values were then pooled to obtain the distribution of adhesion forces for a given experimental condition. The median±MAD (median
absolute deviation, \( \text{MAD} = \text{median}(x_i - \bar{x}) \)) and percentiles were then extracted with a custom IgorPro (WaveMetrics) function and used in KaleidaGraph (SynergySoftware) for unpaired Wilcoxon based Mann-Whitney U-tests for significance with a \( p \) cut-off value of 0.05. Exact \( p \) values are given within the figures and were calculated using ‘\( R \)’. Non-parametric tests were used on all data, because we assumed that the data are not normally distributed. Although no systematic history effect on successive force-distance curves taken with one cell was detected (data not shown), we could not assume that each curve is strictly independent of each other. Furthermore, adhesion force data are likely to be dependent on different properties, e.g. more than one type of adhesion molecule, which does not allow us to use parametric tests. Wilcoxon based Mann-Whitney U-tests are distribution independent and can therefore be applied on composite data-sets. Box-whisker plots are presented with the box containing 50 % of the data around the median and whiskers encompassing 80 % of the data values. Pearson’s rank correlation coefficient \( R \) was computed using IgorPro. Values of \( T_c \) for each test were pooled and tested using the same procedure.

**Cell aggregation experiment**

Hanging drop experiments were performed as described\(^5\). In short, embryos at the one-cell-stage were injected with a mix of fluorescently labeled dextran and \( m \)RNAs to induce homogenic cell fate in the embryo. After blastoderm dissociation at dome-stage (5 hpf), 1.5*10\(^6\) cells/mL of two different germ layer progenitor cell types were allowed to aggregate in 25 \( \mu \)L or 50 \( \mu \)L hanging drops. The ratio of co-cultured cells was set to 1:1 or 1:2 with the enveloping cell type at the higher concentration. Cultures were incubated for at least 17 h in a humidified chamber equilibrated with 5 % \( \text{CO}_2 \) at 27ºC. To reduce cortex tension, the cells were cultured in the presence of 50 \( \mu \)M (-)-Blebbistatin (CalBioChem), 10 mM Cytochalasin D (Sigma) or 20 mM 2,3-butanedionemonoxime (BDM, CalBioChem). Control aggregates were cultured in the presence of 50 \( \mu \)M (+)-Blebbistatin (CalBioChem, Fig.S3a). Incubation in 5 mM EDTA did not lead to sorting (data not shown). To selectively inhibit cortex tension in ectoderm progenitors, \( MZ-oep \) embryos were injected with 350 pg \( \text{dnrok2} \) mRNA. Images were taken after 0, 4, 6, 8 and 17 h in culture with Metamorph (Digital Imaging) using an epifluorescence microscope.
(Zeiss Axiovert 200M equipped with EXFO X-cite 120, 5x lens, 470[40]BP/525[50]BP and 546[12]BP/575LP excitation/emission filters) and a CoolSnap CCD camera (Roper Scientific, 4.6x4.6 µm², 12 bit pixel). Linear contrast adjustment was applied to the whole image using ImageJ. To analyze the sorting dynamics, 5000 cells of each type were cultured in a passivated micro-chamber. Sorting was followed with a rate of 4 frames/min and analyzed as described below. Culture in EDTA did not lead to any changes in cluster size (Fig.3h).

Image analysis
To extract information about dynamic changes in boundary length or projected particle area during cell sorting, standard plug-ins for ImageJ were used. Images were first ‘binarized’ and ‘despeckled’ to remove single pixels in each frame, followed by ‘erode’ and ‘dilate’ steps. The number of particles was then counted, the area measured and normalized to the number of particles. Western blots were quantified using ImageJ. The average intensity of each single band was measured using equal sized boxes, background was subtracted and then normalized to the intensity of intracellular α-tubulin. Confocal images of the transplanted embryos were analyzed using ImageJ. The perimeter of the embryo was fitted to a circle and the integrated radial intensity profile was calculated (intensity as a function of the center distance). The corresponding intensity values and distances were normalized and the mean intensity at a given position was calculated. Embryonic shield sections stained for E-cadherin were quantified using ImageJ. Cell boundaries were traced and staining intensity plotted against the distance to the shield.

Whole-mount antibody staining and cell surface biotinylation
Whole-mount E-cadherin antibody staining on sections of gastrula stage embryos were performed as previously described¹. For surface biotinylation experiments, dome-stage embryos (5 hpf) were dissociated in 1/2 Ringer solution w/o Ca²⁺ and washed three times in 1/2 Ringer. 5*10⁶ cells were incubated at 4°C in 1 mg/mL Sulfo-NHS-biotin in PBS (Pierce Biotechnology, Cell surface biotinylation kit). After 30 min the reaction was quenched and the cells were washed twice in TBS. To separate biotinylated proteins from the intracellular pool, the manufacturer’s protocol was followed. Total protein content
was estimated using a BCA test (Pierce Biotechnology). For Western blotting, equal amounts of mesoderm, endoderm and ectoderm membrane fraction were transferred onto a 10 % polyacrylamide gel. Classical cadherins were detected using a rabbit anti-pan-cadherin antibody (1:5000\(^6\)) and a HRP-coupled secondary donkey anti-rabbit (1:2000, Amersham Bioscience). As loading controls a mouse \(\alpha\)-tubulin antibody (Sigma, 1:2000) was used. Secondary antibody detection was done using a chemiluminescent substrate kit (1:1 ECL kit, Amersham Bioscience) and detected in a FujiFilm LAS 3000 imagereader.

**In situ hybridizations**

Whole mount *in-situ* hybridization were performed as described previously\(^1\). For *gsc*, *ntl*, *gata2* and *sox17* *in-situ*, antisense RNA probes were synthesized from partial sequences of the respective cDNAs. Pictures were taken with a dissecting scope (Olympus SZX 12) equipped with QImaging Micropublisher 5.0 camera.

**Cell transplantations**

Cell transplantations were carried out as described\(^1\). In short, cells from donors fluorescently labeled with FITC- or TRITC- dextran (Molecular Probes) were transplanted into *MZ-oep:ras-GFP* transgenic hosts at shield stage (6 hpf) and fixed in 4 % paraformaldehyde at bud stage (10 hpf). Optical 3D sections were acquired with an upright Leica SP5 confocal microscope equipped with a 20x water immersion lens using 488 Argon and 633 HeNe laser lines.

**Germ layer explants**

Tissue explants followed by Phalloidin staining were carried out as previously described\(^5\). Pictures were taken with an Zeiss LSM Meta upright microscope using and 543 HeNe laser 542(12)BP excitation and 573LP emission filters.

**Numerical simulations**

The *Cellular-Potts-Model*\(^7\) was used to perform simulations on a 2D square lattice, measuring 230x230 pixels. The algorithm for energy minimization is based on Monte Carlo sampling and the Metropolis algorithm (for a detailed description of the procedure
An energy is assigned to each cell and interface, with the total energy of a cell aggregate as defined by \(^8,9\):

\[
H = \sum_{\text{interfaces}} P_{ij}(C_{ij} + C_{ji} - J_{ij}) + \sum_{\text{cells}} \lambda_P (P_i - P_0)^2 + \sum_{\text{cells}} \lambda_A (A_i - A_0)^2
\]

In this model the adhesion between the cell \(i\) and \(j\) is \(J_{ij}\) and the cortical tension of cell \(i\) at the interface with cell \(j\) is \(T_{ij} = C_{ij} + 2\lambda_P (P_i - P_0)\). The interfacial tension between cell \(i\) and cell \(j\) is thus \(\gamma_{ij} = T_{ij} + T_{ji} - J_{ij}\). Differential interfacial tension is modeled by assigning interface-specific values to \(C_{ij}\). \(\lambda_P\) and \(\lambda_A\) are the perimeter an area moduli, \(P_0\) and \(A_0\) the target perimeter length and area of cell \(i\). For the adhesion energies we chose \(J_{\text{ecto,ecto}}=200\), \(J_{\text{endo,endo}}=300\), \(J_{\text{meso,meso}}=400\), \(J_{\text{ecto,endo}}=J_{\text{ecto,meso}}=J_{\text{meso,endo}}=200\), and \(J_{\text{ecto,medium}}=J_{\text{meso,medium}}=J_{\text{endo,medium}}=0\). To qualitatively represent the differences in the cortical tensions of the cells, we used the following for the simulations in Fig. 4a-e: \(C_{\text{ecto,medium}}=300\) and \(C_{\text{meso,medium}}=50\) and for all other interfaces, \(C_{ij}=0\). Other parameter values are \(\lambda_P=0.3\) and \(P_0 = \left(\frac{\sqrt{\pi A_0}}{10}\right)\), \(\lambda_A=25\) and \(A_0=50\) for all cells with a fluctuation allowance \(\mathrm{T}=300\).

**Supplementary References:**